

Grief and Loss Group

Meeting: 2nd and 4th Wednesdays of every month

Beginning March 11th, 2015

Time: 1145-1245 (bring your lunch)

Location: Family Life Center

Chapel Annex Building 791, second floor

(Behind the PX, next to the Main Post Chapel)

Reserve your seat by calling 655-9355.

I'm so
angry.

This can't be
happening

I feel helpless.

I feel numb.

I hurt.

I can't go on.

This is too much.

If only I had...



Grief and Loss Group is hosted by the Chaplain Family Life Center at Schofield Barracks.